

Greet your wedding day with a lovely and relaxing Yoga practice tailored to your wedding party!

Our wedding day is one of the most joyful experiences of our lives. The details of orchestrating your ideal day may sometimes feel overwhelming. Would you like to move through your special day feeling present, organized and relaxed - fully able to savor your many special moments?

Imagine how smoothly your wedding day will unfold when you, the lovely bride, is held within a circle of support formed by an energized and centered wedding party.

Group Fee: \$125 for 90 min class, all props are supplied.



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